

Calendar of Events



Annual Spring Gala

Save the date for the Newton Medical Center Annual Spring Gala! Hosted by Linda and Reginald McFarland of Social Circle, the event promises to be elegant and entertaining.

• *Saturday, April 25 at 6:00 pm*

For ticket information, call Volunteer Services: **770.788.6553**. Proceeds from the Gala will purchase medical equipment for the new Neonatal Intensive Care Unit.

Prenatal Education



Prepared Childbirth

April 13 and 14

April 27 and 28

May 4 and 5

May 25 and 26

June 8 and 9

June 22 and 23

• Learn pain management tips and techniques, along with information about labor epidural procedures. Recommended during your seventh month.

6:30 pm—8:30 pm Cost: \$55

• Take the anxiety out of caring for a new baby when you attend our Newborn Care Class recommended during your eighth month.

Newborn Care

May 9 or June 6

10:30 am—12 noon FREE

Breastfeeding

• Learn the proper breastfeeding techniques from our certified Lactation Specialist. We recommend taking this class in your eighth month.

May 9 or June 6

1 pm—2:30 pm FREE

To register for classes and a tour of The BirthCare Center, call: **770.385.4182**.

Joint Journey

hip or knee joint replacement

Call to register: **770.385.4386**

If you're thinking about knee or hip joint replacement, attend our educational program designed to give patients and their family members a complete understanding of every step of the process.

April 15, May 12, or June 9

2:00pm—4:00pm **FREE**

LapBand Seminar

Donald Maynard, M.D.

General and Bariatric Surgeon

Learn how the LapBand Adjustable Gastric Banding System helps you gradually lose and control your weight by reducing the amount of food that your stomach can hold at one time. **FREE**

May 7 or June 4 7:00—8:00 pm

To register, call: **770.602.1292**

Diabetes Self-Management

We provide comprehensive diabetes education and training skills to help people with diabetes better manage their blood glucose. Obtain referral from your primary care physician and schedule your appointment. Call: **770.385.4185**.

Warriors for Hope Forum and Luncheon

You're invited to an educational luncheon that includes information on early detection of breast cancer and financial resources. **FREE**

April 15 12 noon—2:00 pm

Registration is required; call: **770.385.7820**.

Look Good...and Feel Better

If you're undergoing cancer treatment, learn tips on make-up, wigs, and skin care from cosmetology experts that will help you look and feel better. **FREE**

May 19 at 5:30 pm

Registration is required; call: **770.385.7820**.

For Support Group Information, please call: **770.786.7053**.

